



2025 CHARLOTTE DRAGON BOAT RACE RULES & REGULATIONS

IMPORTANT HEALTH/SAFETY INFORMATION: Participants having had any symptoms related to COVID-19 in the three days prior to any dragon boat event (practice and/or race) or having been around someone with the virus, should not participate. Symptoms include fever or chills, muscle and body aches, sore throat or runny/stuffy nose, headache, nausea, vomiting, diarrhea, fatigue, coughing, shortness of breath, and/or sudden loss of taste or smell.

Registration

TEAM

- The team registration fee is \$850 for corporate teams and \$750 for non-profits (non-profits require a valid 501(c)3 certificate) if the fee is paid in full by April 16, 2025. For registrations after April 16, 2025, the fee is \$900 and \$800 respectively.
- Your registration fee must be paid before you are allowed to schedule one team practice.
- Team captains will be contacted to schedule practice after receipt of the Registration Fee, Team Registration Form AND Team Roster.

INDIVIDUAL or SMALL GROUP

- Any person or small group not associated with a team may register to race and will be assigned to a team by the festival organizers.
- Before being allowed to practice or participate, each individual must complete the Individual Registration Form.
- Your registration fee must be paid before you are allowed to attend practice. The registration fee is \$40 per person.

Crew and Crew Composition

- Each team should consist of 20 paddlers, 1 drummer. Up to 2 additional alternates are allowed.
- NO EXPERIENCE REQUIRED.
- Team members must be at least 13 years of age.
- Mixed Teams must have a MINIMUM of 8 male and 8 female paddlers, and a MAXIMUM of 12 male paddlers for a full boat.
- For an all women's team, the drummer and steersperson may be a male.
- A steersperson will be provided.

Safety

- PFDs (Personal Flotation Device) will be provided and must be worn in practices and races. No inflatable device is allowed as a substitute.
- Shoes must be worn at all times by all paddlers, drummers and steerspersons.
- Each crew member is solely responsible for his or her own safety during practice sessions and the race itself.
- Team Captains are encouraged to promote team warm-up activities prior to marshalling.
- Team Captains are required to participate in the Captain's Meeting and safety briefing prior to the race commencement.
- In case of emergency, a first aid station at the team loading/unloading area.
- Team Captains are responsible for setting their own team's hygiene guidelines. These guidelines may include, for example, but not limited to: providing masks, sanitary wipes, hand sanitizers, and other PPE.



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Waivers and Identification

- All team members must complete the online “Non-Member Waiver” stating they have read and understand the risks of injury associated with Dragon Boat racing and knowingly and freely assume all such risks: <https://waiver.smartwaiver.com/e/qPYaXZ6f8feWyxtzBBFcbE/>
- A waiver must be completed by each participant prior to the practice session or race, whichever comes first.
- Copies of identification are not required but must be available if requested by race management.

Parking

- Only one car per team is allowed to park at the event location and there is no drop-off pass. Parking pass will be mailed to the team manager as per the Team Registration Form.
- Crews should park at the designated parking area and shuttle to the venue. Equipment may be loaded on the shuttle.
- Optional team setup is allowed in designated areas on the Friday before the event AFTER 5pm.

Check-in

- Team Captains must check-in the day of the race before 8am to confirm their Team Roster.
- Team Captains will receive a full set of wristbands based on the number of crew listed on the Team Roster and waivers completed.
- Only individuals with wristbands are allowed to walk to the boat loading/unloading area.

Race Plan

- Race organizers will direct teams on procedures for marshaling, loading, starting procedures during team practices and Captain’s meeting.
- Race organizers reserve the right to determine placement of teams.
- Each team will race three times.
- The pace of the race can be accelerated or delayed based on many external factors. Approximate Marshaling times for Round 2 and Final Round will be posted after completion of prior Round but Team Captains should listen for Heat announcements for confirmation.
- Teams will advance to one of the finals based on their best time in either round one or two.
- Specified community teams will be grouped in a separate division and only race among each other in the final round, regardless of where they place in the first two heats.
- All matters not specifically addressed in the “Rules and Regulations” will be determined by the Event Organizer.

Award Ceremony

- Award ceremony will follow the last race of the day.
- The top three teams from the Division A, B and C Championships and Consolation finals will be awarded medals. Additional awards may be extended as warranted.



INDIVIDUAL REGISTRATION INSTRUCTIONS

NO EXPERIENCE REQUIRED. Individuals must be at least thirteen (13) years of age.

PFD (Personal Flotation Device) will be provided and must be worn in practices and races. No inflatable device is allowed as a substitute. For safety, shoes must be worn at all times, and they will get wet.

The Planning Committee of the Dragon Boat Festival will contact you directly and provide you with information regarding your team's practice upon completion of the following:

- Complete this registration form
- Complete the online "Non-Member Waiver" <https://waiver.smartwaiver.com/e/qPYaXZ6f8feWyxtzBBFcbE/>
- Pay the \$40 registration fee for an individual. Payment can be made by Zelle® or check.

To pay by check, make the check payable to "Charlotte Dragon Boat Association" by mailing to:

Charlotte Dragon Boat Association, 4700 Carsons Pond Road, Charlotte, NC 28226

To pay by Zelle®, send the payment to the recipient John Chen using the email address:

jlchen.nc@gmail.com

- Send this registration form by mail to the above address or email to cltdragon@cdbanc.org.

INDIVIDUAL REGISTRATION FORM

Name _____

Mailing Address _____

Phone _____

Email Address _____



RACE TEAM REGISTRATION INSTRUCTIONS

Each team should consist of twenty (20) paddlers and one (1) drummer. Up to two (2) additional alternates are allowed. NO EXPERIENCE REQUIRED. Team members must be at least thirteen (13) years of age. Team must have a MINIMUM of eight (8) male and eight (8) female paddlers, and a maximum of twelve (12) male paddlers for a full boat. For an all-women team, the drummer and steerer may be male.

PFD (Personal Flotation Device) will be provided and must be worn in practices and races. No inflatable device is allowed as a substitute. For safety, shoes must be worn at all times, and they will get wet. The Planning Committee of the Dragon Boat Festival reserves the right to determine placement of teams.

Before being allowed to practice, teams must complete all the required paperwork: the registration form and team roster. One team practice will be granted once all paperwork is received and registration fee is paid.

Please make sure that all team members complete the online "Non-Member Waiver" PRIOR TO THE TEAM'S PRACTICE: <https://waiver.smartwaiver.com/e/qPYaXZ6f8feWyxtzBBFcbE/>

The team registration fee is \$850 for corporate teams and \$750 for non-profits (non-profits require a valid 501(c)3 certificate) if the fee is paid in full by April 16, 2025. For registrations after April 16, 2025, the fee is \$900 and \$800, respectively.

Payment can be made by Zelle® or check. To pay by check, make the check payable to "Charlotte Dragon Boat Association" PRIOR TO THE FIRST PRACTICE by mailing to:

Charlotte Dragon Boat Association, 4700 Carsons Pond Road, Charlotte, NC 28226 To pay

by Zelle®, send the payment to the recipient John Chen using the email address:

jlchen.nc@gmail.com

- Send this registration form by mail to the above address or email to cltdragon@cdbanc.org.

TEAM REGISTRATION FORM

Team Name _____

Team Manager _____

Organization _____

Mailing Address (to receive Parking Pass) _____

Phone (must be reachable on practice and race day) _____

Email Address _____



TEAM ROSTER

Team Name _____

Team Manager Name _____

Mixed teams must have 8 male paddlers and 8 female paddlers.

	Full Name & Email Address (Please Print Clearly)	(M)ale or (F)emale	Practice (CDBA Use Only)	Waiver Rec'd (CDBA Use Only)
Drummer				
Paddler 1				
Paddler 2				
Paddler 3				
Paddler 4				
Paddler 5				
Paddler 6				
Paddler 7				
Paddler 8				
Paddler 9				
Paddler 10				
Paddler 11				
Paddler 12				
Paddler 13				
Paddler 14				
Paddler 15				
Paddler 16				
Paddler 17				
Paddler 18				
Paddler 19				
Paddler 20				
Alternate 1				
Alternate 2				
Steerer	Provided by Festival			